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HANG ON, MABLE
CITY SWINGS INTO ACTION FOR LITTLE WALL-CRAWLER

metroNEWS

JASON FRANSON/THE CANADIAN PRESS

Syrian family trapped by poverty and pests

REFUGEES

Father says bugs and mice have his kids afraid to sleep

Andrea Ross
Metro | Edmonton

Bedbugs, mice and leaking pipes are just some of the problems a Syrian refugee family has lived with since moving into an Edmonton duplex this summer.

Their other problem? Options to improve their circumstances are limited because of the size of their family, and the province's health inspectors have deemed their home livable.

Mohammad El Hindawi, his wife and his six children arrived in Edmonton in



Some bugs Mohammad El Hindawi has found in the rental house he and his family lives in. ANDREA ROSS/METRO

and cracked kitchen cupboards wouldn't close.

Inspectors were sent to spray pesticides in the house three times, but the bedbugs returned each time, El Hindawi said. He has replaced all his furniture and keeps his family's clothing in plastic bags.

"The kids are scared to sleep in their bed because of the fear of getting bitten. They're having nightmares," he said through a translator. "But there's nowhere to go; there's no other option."

Alberta Health Services said a recent inspection of the home found no bedbugs, but El Hindawi said the pest problems persist.

El Hindawi's landlord did not return calls by press time.

metro
More coverage, page 6

November 2014 after fleeing Syria. Their first home was a north-end apartment, but that was tough to afford on the \$700 they receive from the government.

But as soon as they moved in, El Hindawi said, his children complained of bug bites — and mice and wasps were found living in the walls. Water leaked in the basement,

olic Social Services and a one-year sponsorship from the federal government.

They moved into a duplex in Millwoods in June, a move that was made possible with help from Cath-

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IN BRIEF

Don't duck under the crossing arms: ETS

Transit staff have witnessed pedestrians behaving badly around LRT crossings, and spokeswoman Jennifer Laraway says it has to stop.

"When the crossing guard arm is down, there are instances where people will scoot around those to shave 30 seconds off their time," she said.

Laraway said staff have seen disturbing behaviour, as people stand near the crossing, watch one train pass and then run across the tracks before the arm rises. "Our message is it's really not worth trying to shave off those 30 seconds when something catastrophic can happen in the blink of an eye."

BRAEDEN JONES/METRO

U of A sued over alleged free-speech violations

A small student group is suing the University of Alberta over alleged free-speech violations.

Amberlee Nicol, president of the UAlberta Pro-Life group, says her group's "unpopular viewpoints" led to the university suppressing its free speech.

After a portion of the student body opposed the group's controversial displays during an informational event, Nicol said the university asked the group to pay a \$225 security fee before holding its next meeting.

The group will be represented by the Justice Centre for Constitutional Freedoms. BRAEDEN JONES/METRO



Mayor Don Iveson sits at the wheel of the city's new bus that will be worked into regular service. Free rides will be offered in exchange for riders' views on the future of transit in Edmonton. BRAEDEN JONES/METRO

LABOUR DISPUTE

Judge says city was in contempt



The City of Edmonton was found in contempt of court earlier this month after refusing to reinstate an employee despite a court order compelling it to do so.

With the backing of the Amalgamated Transit Union, Llyn Stuart is fighting the city over his dismissal in April 2014 for missing too much work.

In August, an arbitrator ruled against the city.

Union president Steve Bradshaw said the arbitration board found the city was in the wrong for dismissing Stuart, because it was counting a long-term disability as part of his absenteeism.

"The arbitration board ruled that he should be reinstated," Bradshaw said.

He added the union wasn't surprised the city wanted to appeal the ruling but was stunned they wouldn't let Stuart go back to work while the appeal was pending.

He said the union got a court order stating Stuart must be allowed to go back to work, but then the city continued to refuse until a judge found them in contempt of the order.

That's when Stuart was finally able to go back to work.

City spokeswoman Lori Yansh said because the case involves a single individual they can't comment on it.

"It's still an ongoing labour relation process," she said.

LRT 'a great spine' but not the future

PUBLIC TRANSPORTATION

Transit author says the city should consider better buses



Braeden Jones
Metro | Edmonton

As the city launched a public consultation campaign Monday to highlight its 10-year transit strategy, an award-winning trans-

sit author said better use of buses is a smart idea for the future, not LRT.

Taras Grescoe, who's travelled the globe to write about different transit models, said Edmonton's LRT is a strength, but also said it will never serve the whole city, despite providing "a great spine."

In the meantime, "buses can do a lot," he said.

Grescoe explained a bus system that he wrote about in Bogota, Colombia, called TransMilenio offers big ideas. That city's rapid bus system, with massive, 300-passenger buses, runs like a subway through the

core and is fed by smaller direct-transfer buses.

Grescoe said it's an example of how Edmonton could supplement its LRT with smarter bus routes.

"A crucial aspect of the system, and why its successes can be applied to Canadian and American cities, is the way that these heavy-hauling buses mesh seamlessly ... with little green feeder buses that go out into the suburbs," Grescoe explained.

The idea, he said, could be especially applicable in cities like Edmonton "that achieved their growth after the coming of the

automobile."

"It can also work with light rail," he said. "It's an interesting model to contemplate in Edmonton because your challenge here is you're building a state-of-the-art LRT system but you've got a rather suffering bus network that needs to harmonize with the existing LRT."

But Mayor Don Iveson said the public consultation will help offer the city "guidance from our public, and then council can give clearer direction to city staff."

"We want to put those decisions in front of our public and see what they have to say."



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POLICING

Provincial funding needed as crime rate rises, mayor says


Braeden Jones
 Metro | Edmonton

Policing "Northern Alberta's problem children" is another reason Edmonton needs more support from the province, according to Mayor Don Iveson.

"If we need more resources to pick up the pieces from Northern Alberta, then the province of Alberta needs to pitch in," he said.

Iveson's comments came after Edmonton Police Chief Rod Knecht said officers have responded to 9,000 more calls for service this year, compared to the same time in 2014.

Violent crime is up 12 per cent, property crime 18 per cent and the number of 911 emergency calls is up by almost 14 per cent.

Knecht said the calls for service are not all serious crimes, but added this "significant" jump means that sometimes his officers take longer to respond.

"When oil is up, we are busy, and when oil is down, we are really busy," Knecht



Mayor Don Iveson addressed concerns from the police chief outside a transit event, Monday. BRAEDEN JONES/METRO

said Monday.

He explained said it was almost like someone threw a switch last November. That's when the price of oil tumbled to below \$70 US a barrel after the OPEC cartel declined to cut oil production.

"We saw a (crime) spike occur then and it has continued on since then. You can say the crime rate is linked to a certain degree to the price of oil."

Oil was trading not much above \$44 US on Monday.

Knecht is asking the city to

fund 80 more officers and support staff to meet the increased demand that comes with the elevated crime rate.

Iveson said it's something council will need to balance against all of the other asks coming from city departments.

"The irony is that if the economic downturn is creating more demand for police services, it's also creating a greater expectation from citizens for a more modest tax increase, so council will — as it always does — have to balance those off."

Iveson said "every other community other than Calgary gets substantially more dollars per capita" to support policing challenges.

"This will be a continuing conversation with the province."

Knecht, who is a former deputy commissioner of the RCMP and former head of the Mounties in Alberta, said this is his fourth time riding a boom-and-bust cycle in the province.

"We will get through this one as well," he said. "This is life."

WITH FILES FROM THE CANADIAN PRESS



Mable Tooke, a.k.a. Spider-Mable, 6, and Spider-Man rescue Black Cat after sliding across the West Edmonton Mall Water Park on a zipline. JASON FRANSON/THE CANADIAN PRESS

Spider-Mable saves the Oilers' captain

CHILDREN'S WISH

Crime-fighting escapade set up by charity


Ryan Tumilty
 Metro | Edmonton

son, a briefing from Edmonton Police and then superhero training with Spider-Man at West Edmonton Mall, which included a zipline across the waterpark to rescue heroine Black Cat.

After a superhero lunch, Spider-Mable went to the Valley Zoo and saved Ference during a final showdown with Mysterio.

Mable's mother, Lisa Tooke, said the big adventure was a significant break from the daily chemo treatments her daughter has been through for the last two years.

Tooke said when Mable first saw the newscast calling her to action she was surprised, but was ready to jump in.

"At first, it was disbelief in her eyes and then a slow smile appears and then there was a big grin and then she said, 'Let's go.'"

Dressed in Spider-Man shoes, a costume and mask, along with a streak of red hair, Mable was a hero of few words on her big adventure.

"It's pretty cool," she said.

Mable, who read all about

her hero's exploits while in hospital, said Spider-Man is her absolute favourite.

"He's smart and he's a superhero."

Superhero work comes naturally to Spider-Mable, according to her father, Neil Tooke, who watched from below as she flew across on the zipline.

"She's adventurous and we haven't found anything that intimidates her yet," he said.

He said when the Children's Wish Foundation first approached the family, Mable was told she could have anything or go anywhere she wanted, but she only had one thing in mind.

"She said, 'Mommy and Daddy, I just really want to spend some time with Spider-Man.'"

Dozens of people showed up at the mall and the zoo to cheer Mable on and the event trended globally on social media.

"The turnout is crazy and Twitter and Facebook are blowing up more than we could ever have imagined," said wish coordinator Jenna Rego, of the foundation.

"She said, 'Mommy and Daddy, I just really want to spend some time with Spider-Man.'"

Wolpert said they reached out to many companies, all of which were more than happy to help.

Jenna Rego, the wish coordinator, for the foundation, said it took an immense operation to get the whole thing going, but it was well worth it.

"We have about 10 volunteers who are running behind the scenes making sure everything is set up as we go."

RYAN TUMILTY/METRO



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We did this for Mable, because she is such a great little kid.
 Kelly Wolpert

Turning Mable Tooke into Spider-Mable took many hands, but everyone involved in Monday's event said they were happy to jump on board.

Six-year-old Mable got a chance to play with her hero Spider-Man crossing the city on an adventure arranged by the Children's Wish Foundation.

Leven Creative, a company that produces Branded Films, volunteered their talents to bring Mable's adventure to life. Owner and filmmaker Kelly

Wolpert said as soon as they met the young girl, they were eager to be a part of the action.

"We did this for Mable, because she is such a great little

kid," he said.

Wolpert said they reached out to many companies, all of which were more than happy to help.

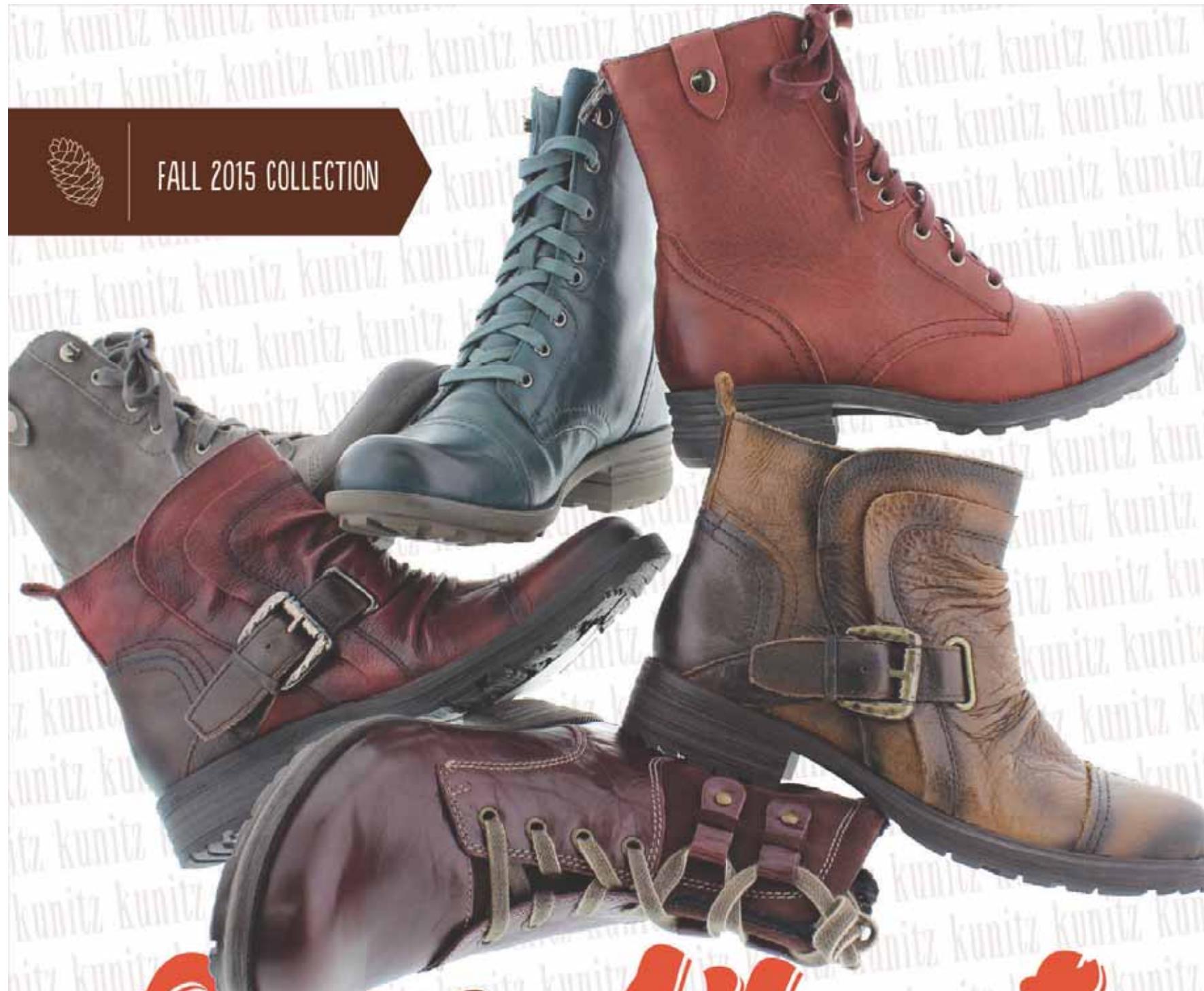
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"We have about 10 volunteers who are running behind the scenes making sure everything is set up as we go."

RYAN TUMILTY/METRO



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Mohammad El Hindawi says his house is infested with bugs and that his six children are constantly being bitten. ANDREA ROSS/METRO

'This house is not for living'

SYRIAN CRISIS

Trapped by poverty, family seeks better life after fleeing war

 **Andrea Ross**
Metro | Edmonton

As workers jackhammered the concrete floor in his basement trying to fix a leaking pipe on a recent Friday afternoon, Mohammad El Hindawi pointed to several insect traps on the floor filled with spiders and beetles.

"They're fixing the basement but water is leaking into the house," he said. "I don't know what's going on."

Nearly 40 people have come to inspect his house since June, El Hindawi said, but after

each time and each chemical treatment for pests, he said the bug bites keep showing up on his children.

The stress is taking its toll. Several doctors have recommended El Hindawi, his wife and their six children leave the row house in Millwoods. One psychiatrist, possibly noting El Hindawi's seven visits to health clinics, diagnosed him with depression, anxiety and PTSD as a result of living there.

"They are diagnosed with scabies and insect bites and they were coming back and forth for this many times," reads one doctor's note, dated Aug. 31. "Their condition is not expected to improve as far as they are still exposed to the same environment at home."

Hindawi lives in the house with his family because it is one of the few affordable spaces large enough for his family of eight.

They are diagnosed with scabies and insect bites and they were coming back and forth for this many times.

Family doctor's note, dated Aug. 31

He receives \$700 a month from the federal government. For one person, it might be enough. But for a family of eight, it's nearly impossible.

Catholic Social Services works to find immigrant families affordable housing, spokesman Jason Gariepy said, and many of their clients receive \$700 per month in income support from Ottawa.

"Seven hundred a month, in the city of Edmonton or in the capital region, is very difficult to find appropriate housing," Gariepy said. "More often than not, the people that receive the housing for \$700 a month do have an issue with the housing."

"(Pests), unfortunately, are not all that uncommon, because you can only access a certain type of housing at \$700 a month."

Alberta Health Services confirmed they received El Hindawi's most recent complaint on Sept. 17 and inspected the house on Sept. 23. In an emailed statement, AHS spokesman Kerry Williamson said the recent inspection found no evidence of bedbugs.

The landlord/management

company has been very responsive to concerns ... and AHS will re-inspect if needed," the statement read.

He said Catholic Social Services helped the family find the housing arrangement and completed their application for a lease through the Capital Region Housing Corporation, but the family signed the lease themselves.

Because of this, he said any issues with the home are to be discussed between the tenant and landlord.

The Capital Region Housing Corporation did not return Metro's phone calls by press deadline.

The family's government sponsorship ends in November and El Hindawi will begin attending school shortly afterward with funding from Alberta Works.

By that time, he said, he hopes he will be living in a cleaner, safer home with his family.

"It's very hard on us, this house is not for living," El Hindawi said. "Even the kids are saying they want to die."

"We moved from the war in Syria and now we're stuck with these problems."



El Hindawi's baby daughter shows evidence of bedbug bites in a recent photo. CONTRIBUTED

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READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

First-timer's vote most likely to be a compromise

ROSEMARY
WESTWOOD
inCalgary

Tina Belay is treading carefully. The 21-year-old science major at the University of Calgary isn't used to media interviews, and on top of that, she's serious about her first chance to vote.

She pauses before answering my questions, looking for the right words.

Mostly, she's far from made up her mind on how to vote.

"Women's issues are really important to me," she says. "We are a developed nation, we're a modern nation. People think we're handling it. But these issues are still prevalent today" — things like equal pay, and violence against women. The leaders "have been talking about gender inequality, but they haven't been talking specifically about women's issues," she adds.

She hasn't immediately ruled out the Conservatives, though Stephen Harper declined to participate in a

debate on women's issues, which would have been the first in decades.

Belay has dreams of finding work at a biotech company, but notes even the supposedly job-guaranteeing engineering degree holds uncertainty these days. She cares about career opportunities, and worries about the low dollar and the economy.

When I ask for her wish list in the next prime minister, Belay gets animated. "My wish list! OK."

She'd like to see bills C-51 (on surveillance, supported by the Liberals) and C-24 (on dual citizenship) repealed.

She'd like a missing and murdered indigenous women inquiry.

She'd like a national minimum wage, and says the NDP's \$15-an-hour plan could be a good start.

"The environment is a huge thing," she adds. "Climate change is real. We have to start looking at sustainable sources of energy, less reliance on Alberta's oil. It is

a really important part of our economy, but it's not sustainable."

Despite feeling like she's in the middle of the political spectrum, if not slightly left, she's not ready to rule anyone out. And the decision isn't getting easier.

"The more I learn, the more confused I feel," she says. In an election where many see the NDP as having been outflanked to the left by the Liberals, she's not alone. The parties aren't sticking to the cookie-culture image of political ideologies, she says.

With no obvious political home, this — her first vote — will undoubtedly be a compromise. It would help, she said, if the parties offered more specifics for some platform plans. "How exactly are you going to do that? People need to hear concrete actions they're going to take."

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow she is in Ottawa



VOTER PROFILE

Name: Tina Belay **Age:** 21 **Riding:** Calgary Skyview

Her issues: Women's rights, environment, Bill C-51, missing and murdered women, minimum wage, climate change

Youth eye change in Calgary, but will they vote?

TURNOUT

Young voters
don't cast ballot
until older,
data show

Aaron
Chatha
Metro | Calgary

In 2006, Tyler Longmire was sitting in his university residence with friends, knocking back shots of liquor while they watched the federal election.

It was the first election in which he was old enough to cast a ballot and one that saw Stephen Harper elected into office for the first time, with a minority government. The rest of the night is a blur.

Fast-forward to the upcoming Oct. 19 election, and Longmire, now 27 and having grown up in Conservative Alberta, thinks that young Albertans will be voting for a change in federal power — just as they did when the NDP took the province in the May provincial vote.

"Just from my experience, I definitely don't know any people my age or younger who are really stoked for the Con-



Tyler Longmire believes there is an appetite for change among young Calgarians — but also a lot of apathy, which will prevent youth from turning up at the polls. AARON CHATHA/METRO

servatives to win," he said. "But, then again, maybe that's just the circles that I run in."

He believes the youth vote has soured on the Conservatives due to issues like Bill C-51, university and research funding and environmental decisions.

Melanee Thomas, political science professor at the University of Calgary, said the youth vote may have less to do with a need for change, however, and more to do with reflecting their parents' values.

"People who were 18, their parents are, what, 45?" she

said. "Their parents are voting (New Democrat) at close to, but not quite, the same rate as their kids," she said.

Thomas said experiences like getting married and moving to a different community may change someone's party identifications, but those events often don't occur until someone's late 20s or early 30s.

Romy Garrido, vice-president of external relations for the University of Calgary Students' Union, agrees with Longmire: the provincial vote was a good indication youth are swaying toward change.

"I'm not sure how youth will sway this time around, but I wouldn't be surprised if something similar happens at the federal level that happened at the provincial level given that young people had a huge impact in the provincial results," she said.

Garrido added, however, the impact of the youth vote will be dependent on voter turnout.

Regardless of how youth are inclined to vote, said Duane Bratt, chair of the department of policy studies at Mount Royal University said, young voters can't be trusted to mobilize.

Bratt said it's no secret that



I wouldn't be surprised if something similar happens at the federal level that happened at the provincial level given that young people had a huge impact in the provincial results.

Romy Garrido

regardless of location around Canada youth tend to vote more progressive, but he said years of historical data show that young voters don't vote until they get older.

Longmire said he's seen an increase in political awareness and a reduction in voter apathy on his social media feeds, but doesn't know if that will translate to more youth votes.

He's still going to vote, and he hopes others do too.

And, yes, Longmire plans to throw another election day party Oct. 19.

+ CAMPUSES

Campaigns push for greater student voice

Regardless of political stripes, young people are mobilizing in greater numbers and it's showing in local Get Out the Vote Campaigns on campuses. The University of Calgary has more than 4,100 people pledging to vote. Mount Royal is pushing to reach 5,000 of its students making the commitment to cast a ballot. Both schools have found success in reaching out to the thousands of new students coming to campuses for the first time. "We go out and do classroom visits and try to be at all the welcome back events,"

Madina Kanayeva, vice-president external at the Students' Association of Mount Royal University, told Metro. The University of Calgary's GOTV team is personalizing their engagement with reminder messages to exercise the franchise.

METRO

Voters win Munk Debate

ANALYSIS

'Substantive' exchanges help clarify views of the leaders

Steve Rennie
Metro | Ottawa

Now, that is how you hold a federal leaders' debate. Only a few instances of the leaders shouting over each other. Largely calm and respectful exchanges in both English and French. A moderator, flanked by a live audience, who doggedly kept the leaders in check.

Hats off to the Munk Debates. Other debate organizers should take note.

There was almost a note of surprise in the voice of Rudyard Griffiths, chairman of the Munk Debates, when he thanked the leaders after the first exchange for a "civil and substantive" debate. Who woulda thunk it?

The clear winner of the Munk Debate on foreign affairs was the Canadian voter, who saw three party leaders espouse three distinct views on the country's role on the world stage.

Here's my assessment of how each leader did:

Stephen Harper

A steady performance by the Conservative leader. Harper rarely gets animated in these debates, often preferring to sit back and let his rivals fight amongst themselves. He did that this time around, but he also put in a good performance, weathering his opponents' attacks while getting in a few jabs of his own. He seemed mildly exasperated at times, his tone one of seeming bewilderment that the other leaders don't share his positions.

He was surprisingly solid on the question about climate change, a



Liberal Leader Justin Trudeau, Conservative Leader Stephen Harper and NDP Leader Tom Mulcair acknowledge the crowd from the stage at the Munk Debate on Canada's foreign policy, Tuesday, in Toronto. MARK BLINCH/THE CANADIAN PRESS

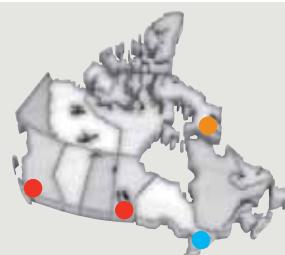
Stephen Harper: B+

Tom Mulcair: B

Justin Trudeau: A

perceived weak spot for his government. But his best exchange came after Trudeau said Harper doesn't like U.S. President Barack Obama. Harper shot back, asking the audience to imagine one of his rivals phoning up Obama on their first day in office and telling him that Canada is pulling out of

WHERE THE LEADERS ARE TUESDAY



Stephen Harper will be in Vaughan, Ont.

Justin Trudeau will be in Winnipeg and Richmond, B.C.

Tom Mulcair will be in Iqaluit, Nunavut.

Elizabeth May's itinerary was not available

the fight against ISIL.

"If you really want to poison the relationship, that would be the way to do it," Harper said.

Tom Mulcair

Mulcair needed a strong performance in this debate, with polls persistently showing the

New Democrats' support is stalled in the 31 to 33 per cent range. He had some good zingers, often at Trudeau's expense, and eventually articulated when an NDP government would use military force in foreign conflicts. But far too often, Mulcair seemed the odd man out as the Liberal leader and Harper

traded blows. He got in a nice jab in his closing statement, saying Canadians now have a choice between the Liberal sponsorship and Conservative Senate scandals.

Mulcair also got in a nice shot at Trudeau in response to a question about how each leader would stand up to Russian President Vladimir Putin, chiding the Liberal leader for voting in favour of C-51, the Conservatives' anti-terror legislation.

Justin Trudeau

This was probably Trudeau's best debate performance. He made his interjections mean something by using them far less than he did in the first two English-language debates. He was far less breathless and frenetic than he had been in other debates, particularly the *Globe and Mail* debate. You have to wonder

It's a responsible response. It is not based on the headlines.

Stephen Harper

The NDP has a clear plan to bring in 2,500 more police officers across the country.

Tom Mulcair

It's not about politics; it's about being the country that we have always been.

Justin Trudeau

if having a live audience to which he could play to had anything to do with his much-improved showing.

His best exchange of the night came when in response to what he characterized as attacks on the legacy of his father, former prime minister Pierre Trudeau. Trudeau, in his most passionate response of the night, cited the Charter of Rights and Freedoms and multiculturalism as some of his father's accomplishments. Then he pivoted, using another of his father's legacies — official bilingualism — to land a body blow on Mulcair.

"Bilingualism, which, as my father understood, Mr. Mulcair, means saying the same thing in French that you say in English," Trudeau said. The line drew an audible "ooh" from the crowd and left Mulcair at a bit of a loss.

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ROCKET SCIENCE

India launches first space observatory

India successfully launched its first space observatory and six satellites into orbit on Monday, officials said, the latest step forward for a country looking to become a major player in the lucrative space market.

The observatory, named Astro-sat, was launched from Sriharikota in the southern state of Andhra Pradesh, said the Indian Space and Research Organization (ISRO). Astro-sat will attempt a deeper study of the universe, especially star systems.

India's junior science minister, Y.S. Choudhury, said the launch of the observatory was part of Prime Minister Narendra Modi's vision for India's

space program.

Modi, who is currently visiting the United States, tweeted his congratulations:

"Well done @isro. This is one more grand accomplishment for Indian science & our scientists."

Last September, India joined an elite club when it successfully guided its Mars Orbiter Mission, called Mangalyaan, into orbit around the Red Planet. Only the United States, the former Soviet Union and the European Space Agency had done that before.

In December, India launched the country's heaviest rocket, weighing 630 tonnes.

THE ASSOCIATED PRESS

5

The Astro-sat has a mission life of five years and sends data to a control centre in Bangalore.

the former Soviet Union and the European Space Agency had done that before.

In December, India launched the country's heaviest rocket, weighing 630 tonnes.

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DISCOVERY

Water's flowing on Mars, NASA thinks

Mars appears to have flowing rivulets of water, at least in the summer, scientists reported Monday in a finding that boosts the odds of life on the red planet.

"Mars is not the dry, arid planet that we thought of in the past," said Jim Green, director of planetary science for NASA.

Scientists in 2008 confirmed the existence of frozen water on Mars. Now instruments aboard NASA's Mars Reconnaissance Orbiter have yielded what researchers said is the strongest evidence yet that water in liquid form trickles down certain Martian slopes.

And because liquid water is essential to life as we know it, the finding could have major im-

plications for the possibility of microscopic life forms on Mars.

"It suggests that it would be possible for there to be life today on Mars," NASA's science mission chief, John Grunsfeld, said at a Washington news conference.

The rivulets — if that's what they are, since the evidence for their existence is indirect — are about 12 to 15 feet wide and 300 feet or more long, scientists said. They apparently consist of wet soil, not standing water, scientists said.

The water is believed to contain certain salts — not ordinary table salt, but magnesium perchlorate, magnesium chloride and sodium perchlorate.

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Russian President Vladimir Putin takes part in a luncheon hosted by United Nations Secretary-General Ban Ki-moon at the United Nations headquarters in New York. ANDREW HARNIK/THE ASSOCIATED PRESS

World leaders at UN split on Syria crisis

DIPLOMACY

Major powers discuss finding viable solution to conflict

Vladimir Putin played it cool, Barack Obama was earnest but firm and Iran's president walked in smiling.

World leaders glided through the opening day of a UN gathering that aims to wrestle with the globe's biggest crises — a historic flood of refugees, the rise of threats like the Islamic State group

and the conflict in Syria.

The UN secretary-general for the first time called for the civil war in Syria to be referred to the International Criminal Court, while Iranian President Hassan Rouhani said Iran's recent nuclear deal with world powers had a broader goal: "We want to suggest a new and constructive way to recreate the international order."

Obama and Putin, hours ahead of their first face-to-face meeting in nearly a year, gave no sign of closing their deep divide on the Syrian crisis.

Obama said of Syrian President Bashar Assad, "when a dictator slaughters tens of

"We want to suggest a new and constructive way to recreate the international order."

Hassan Rouhani, president of Iran

thousands of his own people, that is not a matter of a nation's internal affairs." The U.S. is prepared to work with any country, including Russia and Iran, to resolve Syria's conflict, Obama said.

The U.S. president also took jabs at Russia and China, without naming names. "The strong men of today become the spark of revolution tomorrow," Obama warned. And he added in a critique of restrictions on speech, "You can control access to information ... but you cannot turn a lie into truth."

Putin, who showed up at the UN gathering for the first time in a decade and was not at Russia's seat in the chamber when Obama spoke, called for the creation of a broad international coalition against terror.

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IN BRIEF

Prison worker who aided jailbreak sentenced

A sobbing former prison worker who helped two murderers escape from a maximum-security lockup said she regretted her "horrible mistake" as she was sentenced to up to seven years as part of a plea deal.

Joyce Mitchell apologized profusely as she was sentenced to 2 1/3 to seven years in prison. Mitchell, 51, had pleaded guilty to charges related to providing hacksaw blades and other tools to inmates Richard Matt and David Sweat.

THE ASSOCIATED PRESS

Deadly Bangkok bombings may be linked: Thai police

Police on Monday gave their most detailed explanation yet of who they believe was behind last month's deadly bombing in Bangkok, for the first time publicly linking one of the suspects to previous blasts.

Authorities have said they believe the Aug. 17 bombing at the Erawan Shrine, which killed 20 people and injured more than 120, was carried out by a people-smuggling gang seeking revenge for having their operation curbed. THE ASSOCIATED PRESS

Migrant children, newborns treated for flu as temperatures plunge in Croatia

Doctors treated migrant children — including newborns — for exposure as dropping temperatures Monday worsened the plight of asylum-seekers walking for days trying to reach sanctuary in Europe.

One group of migrants crossed into Croatia near the small village of Bapska, walking through cornfields and forests late Sunday to pass through a small gate that marks the border with Serbia.

Vladimir Bozic, a physician from Doctors without Borders, said he had treated many young children for temperature-related illnesses.

"We saw a one-month-old baby, even (one just) 15 days," Bozic said.

Volunteers from the UN High Commissioner for Refugees handed out blankets, warm drinks and food to those fleeing conflict and poverty in the Middle East, Africa and Asia.

Many are suffering in ris-

ing numbers from colds and the flu after days or weeks on the move in the rain and the mud.

"I expect even more, with the worsening of these cold conditions," Bozic said. "Winter is coming."

Migrants lined up at Croatia's Opatovac transit centre Monday to take trains out of the country. About 78,000 asylum seekers have crossed into Croatia since Sept. 15, when Hungary closed its border with Serbia, diverting the

migrants to Croatia.

Saeed Al Mousawi, who fled from Afghanistan, said the drop in temperatures had made many feel unwell, especially the children. The route has been hard, but he's determined to keep going.

"We have dreams to have a peaceful life, without war, without any other distractions," he said.

Little peace remained, though, between Balkan rivals Serbia and Croatia.

THE ASSOCIATED PRESS

MUSEUM

Artworks returning to India

Four rare artworks believed to have been stolen are being returned to India by an Ohio art museum.

Director Brian Kennedy recently announced that the Toledo Museum of Art made arrangements with the Embassy of India to return the objects, including an 11th-century bronze sculpture depicting the deity Ganesh, and a carved stone.

The facility had been in discussions with the Justice Department and the Republic of India about the pieces, which came from a former art dealer now accused of illegal exportation and other crimes, Kennedy said. The other items being returned are an 18th century watercolour and centuries-old decorative box.

The museum also announced it is returning more than 110 items that were donated by the dealer, Subhash Kapoor, and his gallery, but weren't officially added to the museum's collection, The (Toledo) Blade reported. THE ASSOCIATED PRESS

Pope speaks on sex abuse

WARNING

Francis meets survivors on last day of U.S. visit

Pope Francis has defended his words of consolation to U.S. bishops over the priest sex abuse scandal but says — for the first time — that those who covered up for abusers are guilty of wrongdoing.

In a wide-ranging news conference en route to Rome from his first-ever visit to the United States, Francis also declared conscientious objection a "human right," explained his admiration for American nuns and discussed his own star power, which was fully on display during his six-day, three-city tour.

He also invented a new Italian word to describe the exuberant reception he received in New York City: "stralimitata" — roughly, "beyond all limits."

On his last day in the U.S., Francis on Sunday met with five survivors of sexual abuse



Pope Francis waves as he arrives at Rome's St. Mary Major Basilica Monday after a 10-day trip to Cuba and the United States. RICCARDO DE LUCA / THE ASSOCIATED PRESS

and issued a warning to bishops that they would be held accountable if they failed to protect their flocks.

"Those who covered this up are guilty," he said. "There are even some bishops who covered this up. It's something horrible."

While the Vatican has


Those who covered this up are guilty.
 Pope Francis

cracked down on priests who rape and molest children in recent years, it has long been accused of turning a blind eye to the bishops who moved abusers around rather than report them to police.

Francis has agreed to create a tribunal in the Vatican to prosecute these bishops for

abuse of office and has accepted the resignations of three U.S. bishops who mishandled abuse cases.

Francis defended his words of consolation to U.S. bishops in Washington, saying he wanted to acknowledge that they had suffered, too.

"The words of comfort weren't to say, 'Don't worry, it's nothing.' No, no, no. It was that, 'It was so awful, and I imagine that you have wept so much,'" he said.

On Sunday, Francis directed his attention to the victims of abuse themselves, meeting with five survivors, including people who had been molested not only by priests but also abused by family members or educators.

He apologized to them that often their accusations weren't taken seriously, and promised to hold bishops accountable.

Francis said he understands how a victim or a relative of a victim could refuse to forgive the priest who abused.

"I pray for them, and I don't judge them," Francis said. THE ASSOCIATED PRESS

Clinton blasts comment about 'free stuff' luring minority voters

Democratic presidential frontrunner Hillary Rodham Clinton says Jeb Bush's suggestion that Democrats offer "free stuff" to appeal to minority voters is "deeply insulting."

Bush told a South Carolina audience last week that Democrats offer division and "free

stuff," or government help, to black voters while his message is about "hope and aspiration."

Clinton took issue with the comments during a Facebook question-and-answer session on Monday. She said rhetoric like that is "deeply insulting, whether it comes from

Jeb Bush or Mitt Romney or Donald Trump."

"I think people are seeing this for what it is: Republicans lecturing people of colour instead of offering real solutions to help people get ahead, including facing up to hard truths about race and justice

in America," Clinton wrote on Facebook.

Bush's remarks drew comparisons to Romney's comments following his 2012 loss in the presidential election to President Barack Obama, when the former Massachusetts governor told donors that

Obama had offered "gifts" to minority voters.

Bush told Fox News on Sunday that his comments were taken out of context and he was making a point that was counter to what Romney had said at the time.

"I think we need to make

our case to African-American voters and all voters that an aspirational message, fixing a few big complex things, will allow people to rise up. That's what people want. They don't want free stuff. That was my whole point," Bush said.

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Hoverboards in patent war

TRANSPORTATION

Canadian entrepreneur not put off by legal battles

A Canadian entrepreneur is stepping into a fierce global patent war as he begins to sell a hands-free "hoverboard" he believes will revolutionize urban transportation.

Darren Pereira's Hüüber company has begun to sell online its brand of self-balancing electric boards called Üiboard. A Toronto dealership is in the works. The colourful units that travel up to about 10 km/h have motors that are propelled by movements detected from sensors near the feet.

"I think it's going to change the way we move," Pereira said in an interview from Toronto.

Two gyroscopes are so sensitive they detect small shifts in balance. Lean forward and the device moves forward. Lean back and it reverses. Move to the right and it turns that way.

The technology — described by some as mini-Segways with-



Darren Pereira's company Hüüber has begun to sell online its Üiboard brand of self-balancing electric boards. MARTA IWANEK/THE CANADIAN PRESS

out the poles — has drawn the ire of the New Hampshire-based company that first introduced its self-balancing personal vehicle in 2001.

The subsidiary of China's Ninebot technology last week filed suit in Delaware for patent infringement against Inventist Inc., a Washington state

company that sells transportation devices, including Hovertrax and Solowheel.

Ninebot said its second-generation units, launched in 2006, included patented LeanStar technology.

Inventist, however, said it has its own patents for "a two-wheel, self-balancing vehicle

with independently movable foot placement sections."

It filed suit against Ninebot in China, and last June against Soibatian Corporation for their product, the IO Hawk. Billionaire Dallas Mavericks owner Mark Cuban then partnered with Inventist's founder, adding firepower to the effort to

go after alleged copycats.

Pereira, however, says the legal battles won't deter him from pursuing this business opportunity.

Several Chinese factories pump out thousands of units a day under various names including Oxboard, Cyboard, Future Foot, Monorover, Airboard, Freego, Esway and Overoad.

The Üiboard sells for \$949 and comes with a one-year warranty, but rival products are available for between about \$600 US and \$1,800 US. Hüüber's Chinese supplier, Cube Electronics Tech, said they can be purchased directly for up to \$200 US.

The hoverboards can be used on urban bike lanes and sidewalks, but Pereira said he's been asked to put his away at a Blue Jays game and in some shopping malls.

THE CANADIAN PRESS

IN BRIEF

Women on boards varies by industry, size: Survey

A review of more than 700 companies listed on the Toronto Stock Exchange has found that the number of women on corporate boards and in executive positions varies by industry and company size. For example, about 60 per cent of companies with a market capitalization more than \$2 billion reported having at least two female board members. And 59 per cent of the reporting issuers of that size said they had at least two female executive officers. THE CANADIAN PRESS

market minute

DOLLAR 74.66¢ (-0.44¢)

TSX 13,004.58 (-373.99)

OIL \$44.43 US (-\$1.27)

GOLD \$1,131.70 US (-\$13.90)

NATURAL GAS: \$2.670 US (+3.9¢)
DOW JONES: 16,001.89 (-312.78)

TECHNOLOGY

Apple sells 13M new iPhones in three days

Apple says it sold more than 13 million iPhone 6s and 6s Plus phones in the three days since its iPhone launch, topping last year's early sales mark.

Apple sold 10 million iPhone 6 and 6 Plus models during their first weekend last year. This year's results include sales in China which was included in the initial launch for the first time. Apple said previously

that preorders were so strong that it expected to surpass last year's record.

PiperJaffray analyst Gene Munster said results came in at the high end of his expectations for sales of 12 million to 13 million.

He said China added about two million in sales.

"Today's news suggests the iPhone 6 cycle is off to a good

start," he wrote.

The new models have more memory and faster processors, along with a new 12 mega-pixel camera, and starts at \$649 US.

Apple and wireless service providers are also offering leasing and monthly installment plans.

Apple Inc. says the phones will be available in 40 additional countries beginning

Oct. 9 including Italy, Mexico, Russia, Spain and Taiwan and 130 countries by the end of the year.

Apple said sales completed by Sept. 26 will be included in Apple's fiscal fourth quarter results, and sales completed on Sunday, Sept. 27 will be included in Apple's first-quarter 2016 results.

THE ASSOCIATED PRESS



An Apple store in Chicago displays the new Apple iPhone 6s. KIICHIRO SATO/THE ASSOCIATED PRESS

VOLKSWAGEN SCANDAL

Germany investigates role ex-CEO played

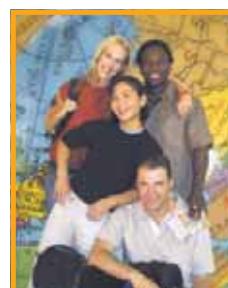
German prosecutors on Monday opened an investigation against former Volkswagen CEO Martin Winterkorn to establish what his role was in the emissions-rigging scandal that has shaken the world's largest automaker.

The investigation will concentrate on the suspicion of fraud committed through the sale of vehicles with manipulated emissions data, and aims to determine who was responsible, prosecutors in Braunschweig said in a statement.

In the German system, anyone can file a criminal complaint with prosecutors, who are then obliged to examine it and decide whether there is enough evidence to open a formal investigation.

In this case, following the

revelations about the rigged tests, prosecutors in Braunschweig, near VW's headquarters in Wolfsburg, received about a dozen complaints, including one from Volkswagen itself, said spokeswoman Julia Meyer. THE ASSOCIATED PRESS



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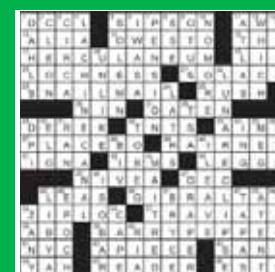


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YESTERDAY'S ANSWERS

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9	1	3	4	8	6	7	5	2
7	8	4	5	2	1	9	3	6
2	5	6	3	7	9	1	8	4
1	4	5	2	9	3	8	6	7
6	9	8	7	1	4	3	2	5
3	7	2	8	6	5	4	9	1
4	3	9	1	5	2	6	7	8
5	6	7	9	4	8	2	1	3
8	2	1	6	3	7	5	4	9

metr^o VIEWS



Relax, dude: A new Forum poll of 1,557 Canadians found we're becoming more permissive of things we once stigmatized — including marijuana, prostitution and assisted suicide.

EMMA TEITEL: ON HARPER'S IMAGE ABROAD

There's something both morally suspect and frankly unconvincing about this "reputation" business — which asserts that Canada, once a shining example to the world, has fallen from grace.

What do Stephen Harper and Joan Jett have in common besides a burning love for rock and roll?

Neither, apparently, gives a damn about his or her reputation. Jett said so explicitly in her hit song *Bad Reputation*, released in 1980. And Harper, according to his foes, has quietly and deliberately diminished Canada's international standing as the True North Strong and Friendly since he entered the prime minister's office in 2006.

Thanks to the Conservative government, we often (annoyingly) hear, "Gone are the days when youngsters travelling abroad sewed miniature Canadian flags to their backpacks with pride." (An alternative explanation for this supposedly waning trend? Young people can't sew. Last year, researchers at the University of Missouri found that millennials are severely lacking, compared to their parents, in clothing repair and maintenance skills.)

Backpacker pride aside, though, according to an Angus Reid study released this week, "Canadians are twice as likely to say this country's reputation has worsened over the last decade as improved." And remarkably: "In spite

of this view," reports Angus Reid, "they (Canadians) still choose Stephen Harper as the leader best suited to represent Canada on a number of key foreign issues, including terrorism and trade."

In other words, even supporters of Harper seem to be under the impression that the PM has significantly scarred the country's reputation.



Like Joan Jett, Stephen Harper doesn't care one iota about his reputation, just as most of the rest of the world doesn't care about Canada's, writes Emma Teitel. GETTY IMAGES

Were Joan Jett not currently tied up, and were she remotely interested in the job, I wouldn't be surprised if she gave Harper a run for his money in the general election.

So supposedly devastating to our national standing is the PM's hawkish foreign policy, you'd think anyone besides Donald Trump would do a better job at salvaging the country's reputation. That is, assuming Canadian self-perception is accurate — assuming our reputation needs salvaging in the first place.

It's true: Harper has muzzled scientists, shown contempt for journalists, and served unhelpfully — some would say — as an uncritical friend to Israel. He appears to

have little love for Canada's indigenous and refugee populations — nor its women, whom he has consistently snubbed in the election cycle.

But has Harper really marred our standing on the world stage in such a major way?

There is something both morally suspect and frankly unconvincing about this in-



when you consider that we are consistently named one of the most well-liked countries in the world. This summer, according to the CBC reporting on yet another best-nation reputation contest (this one spearheaded by Reputation Institute) "For the fourth time in six years, Canada has come out on top in a survey that tries to determine which country has the best reputation."

Harper may have altered our standing in the minds of activists and diplomats — where landmine clearance, women's contraception and refugee and aboriginal rights are concerned — but he does not have the power to eviscerate it the world over. Ignorance is actually, ironically, our best friend in this regard: The kinds of cheap generalizations we cringe at when travelling in the United States or Europe are a welcome alternative to the truth.

Ask a foreigner what he thinks of when he thinks of Canada, and it is unlikely he will evoke the prime minister with the icy stare steering a nation away from its soul. Instead, he will probably mention cold winters, Justin Bieber, poutine, Drake or any number of friendly stereotypes that inspire the trinkets we buy at our airport gift shops: maple syrup, beavers, moose slippers. Some clichés, thank God, never die.

It seems as though obsessive anti-Harperism has given us a kind of national narcissistic personality disorder, where we assume the entire earth is talking in hushed tones about how much we've changed for the worse. (Harper may be the big bad wolf on Canadian soil, but he is small potatoes outside our borders.)

This sentiment is ridiculous

We often hear, "Gone are the days when youngsters travelling abroad sewed miniature Canadian flags to their backpacks with pride." An alternative explanation ... Young people can't sew.

YOUR RIDE

Poor access to transportation keeps people in poverty



The ability to move around our city is easy to take for granted. Most of us think nothing of hopping into our cars to get milk or the missing ingredient for dinner, to drive to yoga class in the middle of winter, or to get our kids to school on time in the morning.

But last week, the food bank released a study about its clientele. It's a sobering snapshot of the regionalization of poverty in Edmonton — and the burden that transportation issues are on the poor.

By interviewing more than 400 food-bank users earlier this year, researchers found the average respondent spent \$135 monthly on transportation (for those without children, it was the biggest expense after rent, bills, and food). Almost a third were looking to reduce the amount of money they spent on transportation.

Yet food-bank users tended not to be living in neighbourhoods well serviced by public transit — or with viable options for active transit. Nearly two-thirds of users were from the northeast or northwest.

Meanwhile, nearly 40 per cent of respondents would participate in programs like money-management and employment-readiness courses at the Food Bank if they had an easier time getting there.

In other words: Transportation is expensive, time-consuming, and, for many, the barrier that prevents them from

accessing supports that would improve their situation.

I'm thinking about this as the downtown is "developing" with an arena, new businesses and condos. The downtown poor are perhaps the least mobile of any population in Edmonton and, until recently, it seemed their fates were an afterthought to the Ice District.

Recently, a team of 20 city officials and representatives from various organizations went to Toronto to see how it "developed" its downtown with an arena — and what effects this had on the homeless.

Julian Daly, executive director of Edmonton's Boyle Street Community Services, said the biggest challenge around the arena in Toronto's core was not the actions of the street-involved people themselves, but rather the risk of homeless people being attacked by intoxicated game-goers "thinking it's a bit of a sport or a laugh."

Toronto's home values are largely determined by its transportation network. The poor live in "transit deserts" accessible only by erratic bus service, while the rich live in uber-connected, Jane Jacobs-walkable neighbourhoods. Toronto embodies the same transit injustices as Edmonton.

To develop a city that ensures all our citizens can succeed, we need to ensure we can all get to where we need to be. Recognizing the privilege involved in our transit systems is the first step.

Jay Smith is a writer who has cycled, walked and run on Edmonton's streets and pathways her entire life.

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PHILOSOPHER CAT
by Jason Logan





Commemorative Amy Winehouse box set to be released in December

Scientists love The Martian



Matt Damon is an astronaut stranded on Mars in The Martian, which opens this weekend.

CONTRIBUTED

ANALYSIS

Despite flimsy science, film shows planet's challenges

Surviving in space is hard and scientists say The Martian shows precisely what challenges astronauts will face on a pioneering mission to Mars, even though it contains some big inaccuracies right from the get-go.

Case in point — the colossal storm that causes the crew to abandon the movie's main character, botanist Mark Watney played by Matt Damon, would not have packed much of a punch on the Red Planet.

"The fundamental starting premise is completely incorrect," said Mars expert Scott Hubbard, a consulting professor in the department of aeronautics and astronautics at Stanford University.

Due to the thin atmosphere on Mars, wind speeds could only reach about half a hurricane's strength, and "would probably not be sensed by an astronaut — let alone pose the sort of threat seen in the movie."

Still, Hubbard and others say they are fans of the story — both the novel, written by Andy Weir, and the movie, directed by Ridley Scott — because it brings to life the obstacles NASA must overcome as it strives to send

humans to Mars by the 2030s.

In the movie, NASA is already there, landing an ethnically diverse crew on the Red Planet, where Damon's character accidentally gets left for dead with about a month's supply of food.

Facing the prospect of waiting four years until a spaceship could get back to him, he is constantly thinking about what could kill him and how to avoid it — that is, when he is not dancing to the disco music left behind by his commander or vowing, "I am going to have to science the s— out of this," in order to survive.

"The thing we like about the movie is it shows how you think one, two, three steps ahead," said NASA astronaut Rex Walheim.

Some scenes from The Martian are based in science that's already happening. When Damon's astronaut grows potatoes on the Red Planet, it's possible astronauts could do such a thing. Scientists on Earth have figured out how to grow plants in harsh environments, as well as split carbon dioxide (CO₂) in order to get oxygen, and to split water (H₂O) to get oxygen.

What is missing is an experiment to test these tech-

niques in a long-term Mars simulation on Earth, by sealing people off in an area with no outside oxygen or water and only their own tools for growing food and recycling waste. That hasn't been done in the United States since the Biosphere 2 project in the 1990s.

There is a year-long NASA-funded Mars simulation under way in Hawaii, but its focus is primarily crew psychology.

Retired NASA astronaut Leroy Chiao said he tried to leave his "technical hat" at the door when he saw the movie.

But there were a couple of scenes that were "implausible and too much," he said.

One involved an astronaut puncturing a glove to devise a thruster. The other came when a crew member crafted a makeshift bomb that blew up just one part of the spacesuit.

"There is no way either one would work!" Chiao said.

But space policy expert John Logsdon said he expects the story will inspire young people to keep working on ways to get there. "I think the bottom line of both the book and the movie is yes, it is worth doing," he said.

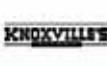
AFP

The thing we like about the movie is it shows how you think one, two, three steps ahead

Astronaut Rex Walheim



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INFANT NUTRITION

Model draws ire in opting for bottle

Deciding whether to nurse or bottle-feed babies may be a personal matter, but the backlash faced by Canadian supermodel Coco Rocha for her choice reveals how divisive opinions can be about how infants are fed.

Rocha spoke out on social media against the "unwanted advice" she's heard about her decision to feed formula to her infant daughter.

"Not that this is anyone's business — I loved breast-feeding Ioni for the first five months of her life and then one day my milk went dry. It happens to every mom at different times," the Toronto-born, Richmond, B.C.-raised Rocha wrote in an Instagram post alongside a photo of Ioni bottle-feeding.

Breastfeeding is recommended exclusively for an infant's first six months, and can be continued for up to two years or longer with supplementary feeding, according to a joint position statement by Health Canada and other national organizations. The Nutrition for Healthy Term Infants recommendations also recognized that infants may not be able to nurse exclusively.

Parenting blogger Jennifer Pinarski said she's spoken with other women who, like Rocha, found their milk supply "wasn't sustainable."

"The assumption is that if you are formula-feeding that there is something wrong with your body. That's already a personal attack on a woman," said the mother of two, who lives outside of Kingston, Ont. "But in terms of formula being a choice as well ... there shouldn't be anything wrong with that."

Registered nurse and lactation consultant Cindy Leclerc said one of the most common reasons women discontinue breastfeeding is the belief they don't have sufficient milk for their little one.

"A lot of the time, women actually do have enough, but their breasts may not feel as full or the baby might be fussy for other reasons. And women are quick to doubt themselves," Leclerc said from Saskatoon. Early skin-to-skin contact between mother and infant helps both with milk production and when babies are struggling to latch to the breast, Leclerc noted.

THE CANADIAN PRESS



Canadian model Coco Rocha's choice to bottle-feed her baby reveals conflicting attitudes about feeding. GETTY IMAGES

Self-employed and pregnant



MATERNITY LEAVE

A pregnancy is extra stressful when work is precarious

Kaitlyn Kochany
For Metro Canada

The day we found out I was pregnant, my husband went to work, and I went back to bed. I didn't sleep; I lay awake under the covers and wondered if we could afford to have this kid.

Just about every newly pregnant person has some variation of this thought: How am I going to afford this? For me, this question was doubly pressing.

Would I lose my job if I took time off? Could I work in the evenings, while my husband looks after the baby? We would have to buy diapers and clothes, furniture and toys, strollers and books — and that was just the baby's first year. Then there

would be daycare, school trips, extracurricular lessons, college...

I'm self-employed. I contract out 20 hours each week as an administrative assistant. The rest of the time, I'm a freelance writer. I spend anywhere from 10 to 20 hours each week pitching stories, organizing interviews, and trying to hammer out my columns.

My work week stretches over all seven days, and I answer emails any time between six in the morning and midnight. Since I'm just launching my writing career, my take-home pay runs somewhere between \$1,500 a month and \$2,500, depending on if I've had a great writing month or a lacklustre one.

I'm part of the 52 per cent of GTA residents in part-time, contract, or temporary roles. I do my own payroll, set my own schedule, and "my office" is also known as "our living room."

My day-to-day freedom has

been a blessing during this pregnancy. I can schedule midwife appointments around interviews, and take naps in the afternoon when fatigue gets the better of me. But that same freedom leaves me feeling unmoored. I left my last full-time job in March of this year, and was pregnant by May.

Canada requires self-employed people to pay into their employment insurance fund for a full year before they can

claim any benefits, something that doesn't help those of us who are only pregnant for nine months. When the baby arrives in January, I will not be entitled to any paid maternity or parental leave.

My husband, who works full-time, will take some parental leave during the first few months. I plan to return to my full workload between two and six weeks after I deliver. I can work flexibly, and work from home, but I will still be working.

+ HEALTH

Pregnant? Freelancer? Things to consider:

Do I want maternity benefits? Once a freelancer claims EI benefits, they're required to keep paying into the fund in perpetuity. Some women, especially those who are just starting out, may end up paying more in the long term than they'll receive during leave.

What do I need? Negotiate service and schedule changes based on your changing role with your clients ahead of time.

Who are my networks? There are thousands of self-employed parents making it work. Don't be shy: ask for guidance and feedback from people with experience.

This isn't a path I wanted. But choosing not to work for any reason (including an illness, new baby, or to care for a sick relative) means my income disappears. My husband's salary — either the full amount, or the 55 per cent of his gross pay that he would collect during parental leave — won't cover our rent, grocery bills, and the added expenses of a brand-new family member. So, from now until the baby's birth, we'll save as much money as we can. When we exhaust that, he'll go back to work full-time, and I'll do the same, albeit with a newborn at my side.

It's possible that this baby will be cute enough that he or she can be put to work right away as a child model, or we'll have a YouTube video of the kid laughing that lands us on daytime TV. But more likely, my husband and I will trade child-care duties and do our best to be together as a family when we can find the time. We'll rely on each other, and our friends and family, to keep the tumultuous early few months as even-keel as possible.

And we'll celebrate!

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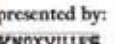
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UBC using emojis to teach consent

SEX ED

Survey: 67% of Canadians don't fully grasp concept



Thandi Fletcher
Metro | Vancouver

Two years after students made national headlines for singing a chant advocating rape during frosh week at the University of B.C., the school has launched a campaign using emojis to help educate students about sexual consent.

Posters have gone up across campus and pins are being handed out to students featuring six emoji faces and symbols that aim to explain how to tell if someone has given consent to sexual activity.

While the campaign aims to educate all students, Janet Mee, director of access and diversity, said it especially targets first-year students who are most vulnerable to being sexually assaulted at the start of the school year.

According to Canada's Department of Justice 2003 report on dating violence, on-campus sexual assaults usually occur within the first eight weeks of school.

"These are students that are likely away from home for the first time," Mee told Metro. "They're exploring their freedom, and they often don't understand the concept of consent."

A May 2015 survey commissioned by the Canadian Women's Foundation found that 67 per cent of Canadians don't have a full understanding of the definition of sexual consent — despite the finding that 96 per cent of those surveyed agreed sexual activity between partners should be consensual.

Many Canadians may be familiar with the No Means No slogan, coined by the Canadian Federation of Students more than two decades ago and printed on informational posters on university campuses across the country to raise awareness and to reduce the occurrence of sexual assault, acquaintance rape and dating violence.

But Mee said education about sexual consent has "moved beyond No Means No."

"Only an enthusiastic yes

means I'm giving consent," she said. "The grey period where people get confused is around the maybes."

If someone is silent, hesitant, under the influence of drugs or alcohol, unconscious, or being coerced or coaxed, consent does not exist, said Mee. Under Canadian law, both verbal and behavioural consent is required for consensual sexual activity. Consent must also be ongoing and can be withdrawn at any time.

Mee said the emoji campaign helps to explain sexual consent in a way that transcends cultural and language barriers, is gender inclusive and internationally recognizable.

While some might think emoji are too lighthearted or silly for a campaign that addresses a serious issue, Mee argued that the images help make the topic of sexual assault more approachable.

"When you approach it with all of its complexities, many people won't engage in the conversation," she said. "Emojis are something that students are familiar with. It's catchy and recognizable for this age group."

The campaign is part of the university's four-pillar education plan that aims to help address and prevent sexual assaults on campus.

In 2013, a string of six sexual assaults occurred on campus that the RCMP believes to be committed by one individual. The high-profile assaults are still under investigation.

While the university is committed to addressing the issue, Mee said the emoji campaign is not related to the 2013 sexual assaults. "Stranger sexual assaults are very unusual," she said.

The majority of sexual assaults, particularly on a university campus, are acquaintance sexual assaults, so somebody you know and it could even be somebody you know very well."

She said the number of sexual assaults reported to the university is surprisingly low.

Last year, five incidents of on-campus sexual assault were reported, three of which were reported to have occurred in student residences.

Mee said she hopes that initia-

tives like the emoji campaign will help students "feel like the university cares," and encourage more to come forward and report sexual assault.

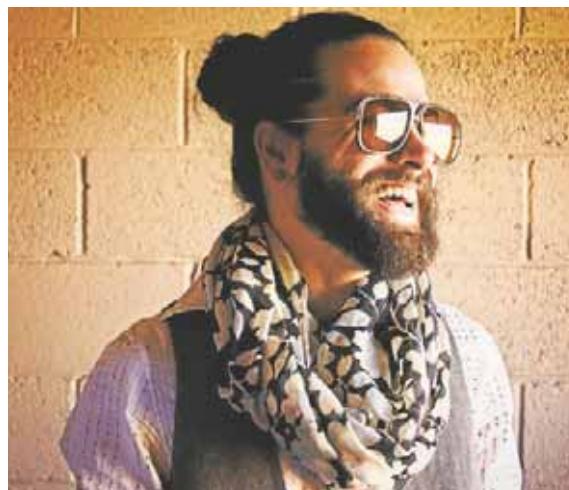
If that happens, she said the number of reported sexual assaults at UBC will likely increase.

"Until we get really good at it," she said, "and then hopefully it will go down."



SCIENCE

Man bun baldness



Trendy top-knots can cause "traction alopecia." ISTOCK

Matthew Lee
Metro | New York

coming more common."

Apparently this is nothing new and researchers, scientists and hair health experts have been warning people to not pull their hair back so tight. According to experts, "any hairstyle that creates overly tight hair pulling, regardless of gender, could produce irreversible long-term consequences," Mic stated. "Once you damage the hair follicle, it will not grow back," said Dennis Zuniga, a stylist at New York's Donsuki Salon. But not all hope is lost. You can still have your man bun — just don't pull it.

Dealing with sleep apnea can improve mood, too

If you have obstructive sleep apnea, Continuous Positive Airway Pressure (CPAP) therapy might improve symptoms of depression. In a study, 73 per cent of sleep apnea patients were found to have "clinically significant depressive symptoms." However, (CPAP) therapy was shown to dramatically improve symptoms.

David R. Hillman, MD, a clinical professor at the University of Western Australia adds that people who suffer from snoring and daytime sleepiness might want to consider the connection with depression symptoms.

Having sex won't give you a heart attack: Study

New research suggests no apparent relationship between sexual activity and heart attacks. Researchers found that just 0.7 per cent of participants reported having had sex within an hour of a heart attack.

Researchers say the majority of heart disease patients should be able to resume their sex lives without worry. METRO

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"I would never complain about too short of a summer (after) winning a championship":

NBA MVP Steph Curry is ready for training camp



Too clutch for Camden

MLB

Division crown tantalizingly close after latest Jays rally

As they charge toward their first AL East title in 22 years, the Toronto Blue Jays are finding new and interesting ways to win.

A team that has hit 223 home runs used a 60-foot dribbler to beat the Baltimore Orioles 4-3 Monday night.

Toronto's fifth straight victory, coupled with the Yankees' loss to Boston, reduced the Blue Jays' magic number for securing the division crown to two.

The Jays also moved into sole possession of first place in the American League with the Kansas City Royals' loss to the Cubs in Chicago. The team with the AL's best record is gets home-field advantage through the playoffs.

After scoring twice in the eighth to pull even, the Blue Jays got the decisive run against Brad Brach (5-3) in the ninth. Dioner Navarro led off with a single and was replaced by pinch-runner Dalton Pompey, who advanced on a single. After a sacrifice moved the runners up, Pompey scored when Justin Smoak hit a slow roller to first and Chris Davis threw wildly to the plate.

"I hit it off my thumbs," Smoak said. "Looking for a changeup, got a heater. That can happen."

THE ASSOCIATED PRESS

MONDAY In Baltimore

4

BLUE JAYS

3

ORIOLES

did get a home run — from Edwin Encarnacion — but that wasn't much of a factor in the Blue Jays' 35th comeback victory of the year.

"We can win any way possible," Smoak said. "This team is unbelievable. Guys fight to the end."

Brett Cecil (5-5) pitched one inning and Roberto Osuna got two outs for this 20th save.

Ryan Flaherty hit a three-run homer for the Orioles, who have lost four straight. Toronto starter Marco Estrada, Cecil and Osuna retired the last 17 Baltimore batters in order.

Estrada gave up three runs and four hits in 7-1/3 innings. After allowing Flaherty's home run in the second, Estrada retired 18 of the next 19 batters. The only Baltimore baserunner during that span was Wieters, who singled with one out in the fourth.

Down 3-1, the Blue Jays rallied in the eighth against Chris Tillman and All-Star reliever Darren O'Day. Ryan Goins led off with a single and advanced on a groundout before O'Day entered and gave up RBI singles to Ben Revere and Jose Bautista.

"Tip my hat to my guys," Toronto manager John Gibbons said. "They hung around and made a run at it late."

THE ASSOCIATED PRESS



Roberto Osuna and Russell Martin perform their customary victory handshake after the Jays' latest comeback win on Monday night at Baltimore's Camden Yards. MITCHELL LAYTON/GETTY IMAGES

AMERICAN LEAGUE PLAYER OF THE WEEK

Pillar like a superstar

Blue Jays outfielder Kevin Pillar was named American League player of the week Monday after batting .524 with two homers and six RBIs over six games last week.

Pillar was 11 for 21 at the plate with four runs scored, five doubles and five stolen bases. He also made several strong defensive plays in centre field. THE CANADIAN PRESS



GETTY IMAGES



Troy Tulowitzki has been out injured since Sept. 12.

TOM SZCZERBOWSKI/GETTY IMAGES

INJURY UPDATE

Tulo riding a high after taking some swings

Troy Tulowitzki could be back in the Blue Jays' lineup within a few days after he took batting practice on Monday for the first time since his injury.

"I feel great," he said after taking about 30 swings in the indoor cages after the Jays' on-field batting practice was interrupted by rain. "Hopefully my name is in the lineup sooner rather than later."

The all-star shortstop, who was acquired from Colorado a few days before the trade deadline, has been out since Sept. 12 when he suffered a cracked

shoulder blade and bruised back muscles in a collision with centre fielder Kevin Pillar on a shallow fly ball.

Tulowitzki has already been doing daily infield practice and running the bases. Hitting was his last and most important test.

"I was excited about today," he said. "Came to the ballpark real early, itching a little bit to get going — and it was a good day."

Manager John Gibbons said he was hoping Tulowitzki could return to the lineup at some point in the four-game series against the Orioles.

Tulowitzki agreed that is a possibility, but was reluctant to commit.

"I think I am getting close," he said. "I have been cautious because I hadn't took those swings yet, but that was the last step and taking BP

and coming out of it fine tells me that I'm definitely getting real close."

Barring a setback, Tulowitzki said he will "definitely" be ready for the post-season. He will take early batting practice again Tuesday, hoping to avoid any weather-related disruption. "I'd like to hit on the field instead of the cage."

He thinks he'll be ready for game action this week.

"Obviously I'd like to, but if something happens where I can't and my first game is in the playoffs, I'm not worried. But the way things are going I don't anticipate that." TORSTAR NEWS SERVICE

IN BRIEF

Red Sox do Toronto a solid

Eduardo Rodriguez became the first Red Sox rookie left-hander to win 10 games in 43 years, and Boston slowed the New York Yankees' march toward a post-season berth with a 5-1 victory Monday night.

The Yankees had a chance to clinch their first playoff appearance since 2012 with a win — what would've been their 10,000th franchise victory — and losses by Minnesota, Texas and the Angels.

But scoreboard watching was rendered unnecessary when Travis Shaw and Jackie Bradley Jr. each hit two-run homers off Ivan Nova (6-10). New York managed little offence after Alex Rodriguez's sacrifice fly in the first ended Boston pitchers' 29-inning scoreless stretch. New York dropped five games behind Toronto in the AL East with six to play.

The Yankees' fourth loss in 10 games came in front of 39,476 fans, the smallest crowd for a matchup in the Bronx between these rivals since May 27, 1999, according to STATS.

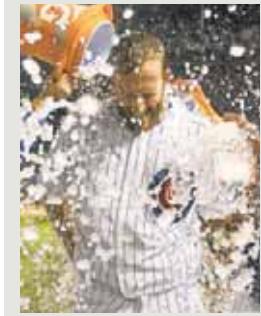
THE ASSOCIATED PRESS

Denorfia gives Chicago walk-off win over Royals

Chris Denorfia hit a pinch-hit home run leading off the bottom of the 11th inning to give the Chicago Cubs a 1-0 victory over the Kansas City Royals on Monday night.

Denorfia hit the first pitch from reliever Miguel Almonte (0-2) into the left-field bleacher for the Cubs' major league-leading 13th walk-off victory of the season. It was Denorfia's third homer of the season.

THE ASSOCIATED PRESS



Chris Denorfia gets an ice shower after Monday's walk-off homer.

THE ASSOCIATED PRESS

Habs are Canada's best hope to end Cup drought

NHL

Montreal tops oddsmakers list (18-1), Oilers are 33-1 shot

With individual accolades all around him at the NHL Awards in Las Vegas, Carey Price's mind was still on the Stanley Cup that had eluded him and his teammates.

"I'd trade all four of these in for that one," the star Montreal Canadiens goaltender said. "We have a lot of very good parts in Montreal and a very good hockey team. We're gaining experience and I'm very, very happy and very excited about our future."

Price is the biggest reason to be excited about the Canadiens' present and future. The reigning Hart and Vezina Trophy-winner is only one player, but his presence makes Montreal the most likely team to end Canada's Cup drought that currently sits at 21 seasons.

Oddsmakers give eight NHL teams better odds than the Habs (18-1), but they have the most realistic shot of any Canadian-based team. The Calgary Flames and Winnipeg Jets are 28-1, the Edmonton Oilers 33-1, Ottawa Senators 40-1, Vancouver Canucks 66-1 and Toronto Maple Leafs 100-1, according to the online sportsbook Bodog.ca.

If the Habs are going to lift



Canadiens goalie Carey Price chats with his replacement Zachary Fucale during last Tuesday's game in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

the Cup for the first time since 1993, they'll need to do more to support a goaltender who is playing at the level of two-time Conn Smythe Trophy-winner Patrick Roy. Price led the league with 44 wins, a 1.96 goals-against average and .933 save percentage, but skaters have to score more and be better, too.

"We're fortunate to have him, and obviously as players we want to help him out a little bit more

than we did last year," centre Tomas Plekanec said. "A big part was Pricey, which is one thing that obviously we want to get better at and play better in front of him."

The Habs will have defenceman Jeff Petry for an entire season and should be better by having him on the second pairing behind one of hockey's most dynamic players in P.K. Subban. They also have a captain for the first time since Brian Gionta left

in the summer of 2014, giving left-winger Max Pacioretty the honour. Talented forward Alex Galchenyuk moves to centre in the hopes of sparking his career.

For all the minor changes in Montreal, Price is the constant.

We're gaining experience and I'm very, very happy and very excited about our future.

— Carey Price

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IN EDMONTON

Adding phenom Connor McDavid, coach Todd McLellan, goaltender Cam Talbot and defenceman Andrej Sekera should make the Oilers substantially better. Centre Ryan Nugent-Hopkins said the Oilers are still young but trending away from that label, and new GM Peter Chiarelli has certain expectations for improvement, even if he's not willing to share.

And what a constant to have.

"My expectations for him are no different from what they've been since I started playing on this team and that's to remain and be one of the best goaltenders in the world," Subban said. "He proved that he could be that last year. He'll have to continue to prove that for our team to win a Stanley Cup."

Immediate Stanley Cup aspirations are hard to find elsewhere across Canada, though the Flames have real expectations on them this season after a surprise run to the playoffs ahead of schedule. THE CANADIAN PRESS



Mark Fraser

GETTY IMAGES

IN BRIEF

Las Vegas, Quebec City to take step in expansion bid
Las Vegas and Quebec City are moving closer in their bids to land a NHL franchise.

A Bill Foley-led group and Montreal-based communications giant Quebecor are in the third and final stage of a process to potentially bring the world's top hockey league to Las Vegas and Quebec City, respectively.

"They have been invited to make presentations to the Executive Committee on Tuesday," NHL Deputy Commissioner Bill Daly wrote in an email.

NHL commissioner Gary Bettman has proposed an expansion fee of \$500 million. THE ASSOCIATED PRESS

Sens add sandpaper to 'D'
The Ottawa Senators have signed defenceman Mark Fraser to a one-year, two-way contract.

The deal will carry an annual value of \$800,000 in the NHL and \$125,000 in the AHL.

Fraser, 28, spent time with both the New Jersey Devils and the AHL's Albany Devils last season, recording four assists and 55 penalty minutes over 34 games with New Jersey. The Ottawa native registered three points (one goal) and 45 penalty minutes in 18 games with Albany. THE CANADIAN PRESS

CFL

Stampeders defence takes hit

Calgary Stampeders linebacker Juwan Simpson has been sidelined four to six weeks with a broken clavicle.

The CFL club made the announcement Monday via Twitter. Simpson has started at middle linebacker for the Stampeders every game since the 2012 season-opener.

The three-time West Division all-star and Stampeders co-captain has 27 tackles and a pair of sacks in 12 games this season. Simpson has been a Stampeders for eight seasons and won Grey Cups with the team in 2008 and 2014.

Calgary added defensive backs Brandon McDonald and Keith Lewis to the roster and placed cornerback Joe Burnett on the six-game injured list Monday.

Burnett suffered an ankle injury on a punt return during Friday's 25-23 win over the Blue Bombers in Winnipeg. He was



Juwan Simpson, left, is out with a broken clavicle. GETTY IMAGES

filling in for injured Tim Brown on return duties.

McDonald was added to the active roster, while Lewis was placed on Calgary's practice roster.

McDonald had 33 tackles, two interceptions and three knockdowns in eight games this season for the Ottawa Redblacks before his release Aug. 26. He appeared in a pair of games

with the Stampeders in 2014 and totalled three tackles.

The 30-year-old also played a combined 80 games in the NFL for Cleveland, Arizona, Detroit and Tampa Bay.

Lewis, who played two seasons for Virginia University of Lynchburg, attended training camp of the New York Jets this season and Tampa Bay's in 2014. THE CANADIAN PRESS

RECIPE One Skillet Tomato Basil Chicken Pasta



PHOTO: MAYA VISNEY

Ceri Marsh & Laura Keogh
For Metro Canada

Make dinner, not a mess with this delicious hearty one-pot meal.

Ready in

Prep time: 25 minutes

Serves 4

Ingredients

- 1 lb boneless, skinless chicken breast
- Kosher salt and pepper
- 3 Tbps extra virgin olive oil
- 4 cloves of garlic, minced
- 128-ounce can of tomatoes
- 1/2 cups low-sodium chicken broth
- 1 cup water
- 2 cups penne pasta
- 1 cup freshly shaved Parmesan cheese, more for garnish
- 1 cup fresh basil leaves

Directions

1. Generously season your chicken breast with kosher salt and pepper. Cut chicken breast into 1-inch pieces.
2. Add olive oil to a large skillet over medium heat. Place the chicken in the pan and brown on all sides. Lower the heat, add garlic and cook for 1 minute.
3. Add the tomatoes, chicken broth, water and uncooked pasta to the pan. Bring this mixture to a boil, then reduce heat to low. Cover the pan and cook for about 15 minutes. Remove cover and cook for another 5 minutes, or until liquid is reduced by half.
4. Remove your skillet from the heat and gently stir in the Parmesan cheese. Serve individual portions with a sprinkling of fresh basil leaves and a bit more Parmesan cheese.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You are stuck in a rut and need to find ways to make life more rewarding and exciting. Changes to your working routine can play a big role, so make that a priority.

Taurus April 21 - May 21
This could be and should be one of the most rewarding periods of the year for you but to make the most of it you need to be more active and adventurous. Take a few chances.

Gemini May 22 - June 21
Jupiter in the domestic sector of your chart is good for family relationships, so make it your priority to heal rifts with loved ones and relatives. Don't wait for them to make the first move — make it yourself.

Cancer June 22 - July 23
Something is not right and you must act on what your instincts tell you. No matter how appealing an offer may sound you must not get involved. Be blunt if you have to: don't worry about hurting others' feelings.

Leo July 24 - Aug. 23
Just because certain ways worked well in the past does not mean they will work well in the future. Look for unusual solutions to everyday problems.

Virgo Aug. 24 - Sept. 23
Don't hide yourself away. With Mars and Jupiter moving through your birth sign, you get what you want. You don't have to be subtle about it either — take charge.

Libra Sept. 24 - Oct. 23
You should be making serious progress towards your goals. If you're not then you need to ask yourself if maybe some of your methods need improving. Don't let retrograde Mercury undermine your confidence.

Scorpio Oct. 24 - Nov. 22
Let partners and colleagues know that you are ready to join the team. Too often you have been half-hearted about joint projects. Now be frighteningly enthusiastic.

Sagittarius Nov. 23 - Dec. 21
Others are sure to look up to you and follow your lead. Which might do wonders for your ego but do you actually know where you want to be going and why?

Capricorn Dec. 22 - Jan. 20
You are not as set in your ways as some people believe. Take the doubters by surprise. You will make a big impression on employers and other important people.

Aquarius Jan. 21 - Feb. 19
You are about to be made an offer you won't want to refuse but your suspicions could easily get the better of you. If so you are likely to regret it before the end of the year. Be bold.

Pisces Feb. 20 - March 20
Put your doubts and suspicions about a certain individual to the side and give them a chance to prove themselves. Almost certainly you have been too harsh in your judgment.

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. One-of-some in the vase's water
5. Male swan
8. Wife of Bobby Ewing on "Dallas"
14. Georges Bizet's famous aria sung by Carmen
16. Joyful
17. Rihanna tune on a cloudy day
18. Overseas
19. Stringed instrument of Japan
20. _ season (Ailment time)
21. Possessor's contraction
22. Commotions
25. "Long Day's Journey _ Night" (1962)
27. Distance runner on the track
29. 1986 horror flick inspired by the 1816 evening when Mary Shelley spawned the idea for Frankenstein
31. Sing wordlessly
33. People, in Paris
34. Chapel area
35. Spoken
37. Flips over the store's 'Closed' sign once again
39. Clawed, as a bird of prey
43. Biblical book/prophet
45. French word on a can of Campbell's
46. Incision's remnant
49. 1979 Wings album: 'Back to the _'
50. Plug insertion site
51. Hot chocolate
53. Cape Canaveral org.
55. Haws partners
56. Piece of food
57. Occurred
59. "Travelin' _" by Dolly Parton
61. 1951 mainframe computer
63. Huffy human-on-a-highway happening: 2 wds.
67. Backslide
68. Complaints from loud noises
69. War horses
70. Kingston Trio lettered tune
71. Door fastener

DOWN

1. Moo _ pork (Take-out dish)
2. _-shanter
3. Dwindle
4. Recently-hired President and CEO for the Toronto Blue Jays: 2 wds.
5. Boston basket-
6. Synthetic fibre
7. Sheared-one's sound
8. Ring loudly
9. Rock band's output
10. Scratch
11. Sparkler in le ciel
12. Do dough-raising
13. Puff _ (Viper varieties)
15. Keanu role
20. Quadrant
22. Culture medium
23. Bananas brand
24. Mr. Preminger
26. _ Beatles
28. Nickname of Inuvik landmark Our Lady of Victory: 2 wds.
30. Wraths
32. Entrepreneur's deg.
35. Peaceful hand creations
36. Likewise
38. Balmoral veto
40. Zap
41. Blade in sports
42. Investigators [abbr.]
44. Palindromic honorific
46. Thoroughly searches or examines
47. Trumpet-like instrument
48. Dynamic
50. World's biggest desert
52. Juno, for one
54. Short-tailed weasel
58. Behaves
60. Dietary letters
62. "Take Good Care of My Baby" by Bobby _
63. B.a.n.d. from Athens, Georgia
64. "Hunting High and Low" band
65. Some stoves
66. In particular, briefly

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

2	6	4	5	7			
9			1	5	7		
3			6		4		
3						4	1
9						6	8
8						5	
7						3	
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2	8						

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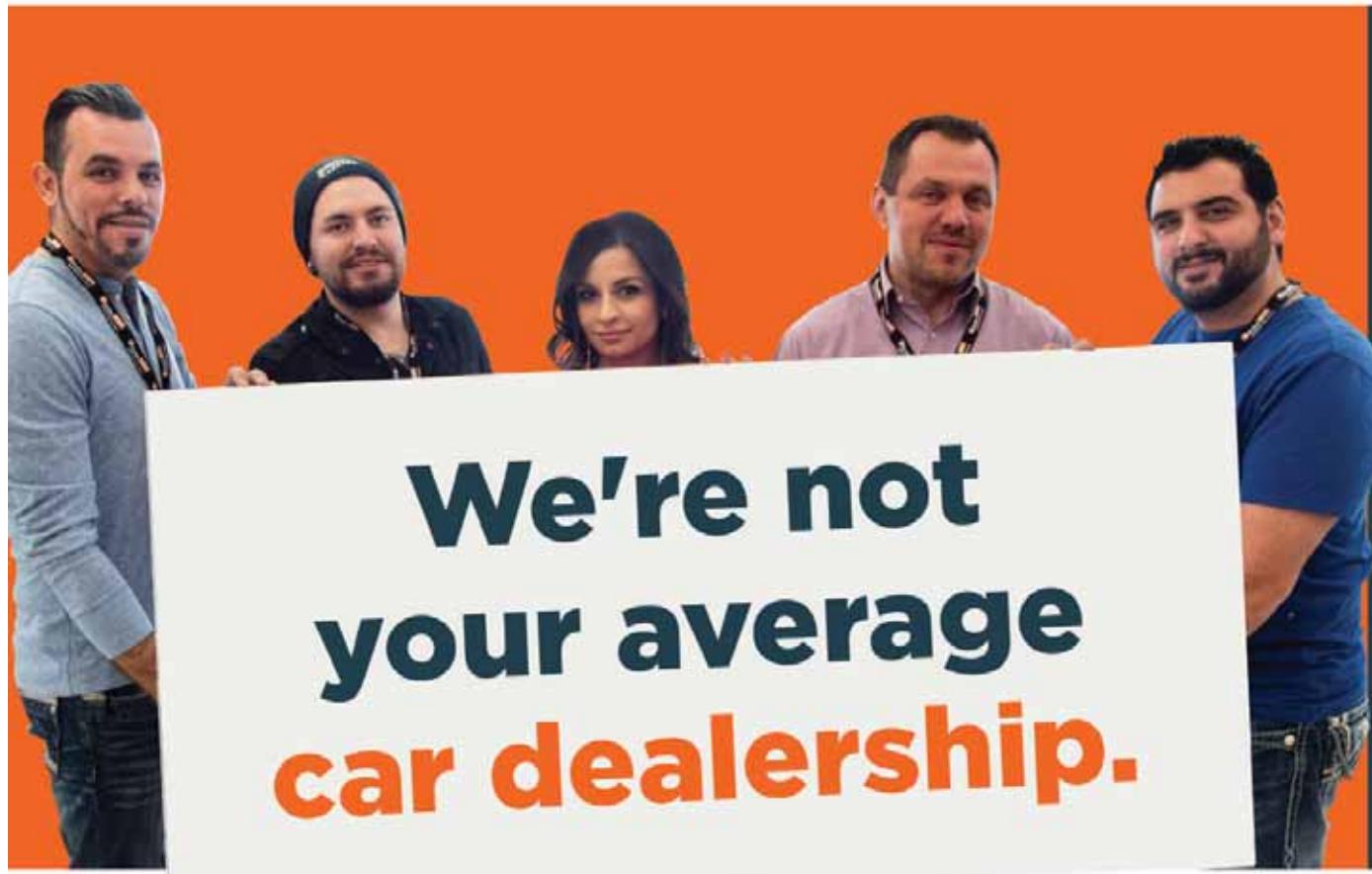
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